



P.O. Box 906
Bellevue, WA 98009

CIVIL UNREST SAFETY TIPS

Considering the recent events in the United States as well as globally, Crime Stoppers of Puget Sound has compiled these common-sense tips to keep you and your family safe should any type of civil unrest occur. Here are some preparations you can make now in the event of later widespread issues:

- ❑ Have *at least* a 30-day supply of food and water.
- ❑ Keep your vehicle's fuel tank FULL should you need to leave unexpectedly.
- ❑ Have emergency supplies in your vehicle and anything you think you might need should you be forced to leave your home.
- ❑ Have a First Aid Kit at the ready, and make sure you have a 30-day supply of any prescription medications you take.
- ❑ For your home, security cameras and alarms are ALWAYS a good idea.
- ❑ Have some ready cash available on hand as ATMs/banks might not be operational.
- ❑ Have some sort of self-defense system on hand, such as a firearm, pepper spray, etc., to utilize should you need to protect yourself or your family. Make sure you are familiar with the safety procedures of your self-defense choice, and use only as a last resort.
- ❑ Develop a Family Emergency Plan and make sure all family members know it. Cell phone circuits will most likely be overloaded or might not function at all, so be prepared to fall back on the Emergency Plan to secure your family.

Remember, if you don't need to leave your house, STAY HOME. Police, Fire and EMS will be working at full capacity; however, these agencies could take more time than usual to assist you should the need arise. In troubling times, these men and women will be doing all they can to serve and protect our communities.